

#AUSAdapts COOKING AT HOME

Choc-energy Ball

THIS RECIPE IS BROUGHT TO YOU BY



SERVES 30 PREP TIME: 25MIN COOKING TIME: 5MIN



2 cups mixed toasted nuts

1 cup rolled oats

3/4 cup raisins

1/2 cup dried apricots, chopped

½ cup sultanas

1/4 cup pumpkin seeds (pepitas)

1/4 cup CADBURY BOURNVILLE Cocoa

1/4 cup honey

1 teaspoon cinnamon

1 cup desiccated coconut

1 tablespoon CADBURY BOURNVILLE Cocoa, extra

Place nuts and oats in a food processor and process to a crumb. Add the dried fruits and process to chop, and then add the pumpkin seeds, cocoa, honey and cinnamon and process to combine.

Roll tablespoonsful of mixture into balls.
Combine coconut and extra cocoa. Roll each ball in the coconut mixture to coat, place on a tray and then refrigerate until firm.

Store in an airtight container.



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